

GIVING



PATIENT CARE *First and Foremost*

Brad and Cindy Fiscus were like so many families in the Northwest who enjoy camping, boating, hiking and exploring the outdoors with their daughters Christina and Angela. But in 2000, Brad was diagnosed with Amyotrophic Lateral Sclerosis (ALS) also known as Lou Gehrig's Disease. ALS is a progressive, disabling and ultimately fatal disease that makes walking, speaking, eating, swallowing and even breathing more difficult with time.

"Hospice is a gift of life," says Cindy. "It provides a quality of life to the patient and family when death is inevitable."

Brad had an insatiable appetite for maintaining his lifestyle while with ALS, traveling to Hawaii, Mexico, the Caribbean — and a family vacation to the San Juan Islands. A very physical and hard-working man, Brad began struggling with what many people consider the little things: buttoning shirts, lacing shoes, even clipping his fingernails.

In 2003, on the advice of friends and family, Cindy called Memorial's hospice. Cindy says they both needed help by the time she made the call. "It takes a great deal of knowledge and skills to care for a patient, more than most of us have, without some help," says Cindy. Big solutions and little things inspired appreciation in Brad and her for hospice. "Hospice provided a bathing aide and medication deliveries. Volunteers regularly picked up medical supplies for Brad, and nurses helped devise creative ways for Brad to get his medicine when he struggled to swallow." Ultimately, Cindy credits hospice for providing a constant problem-solving group of professionals who cared for her husband Brad and their family.

"Hospice is a gift of life," says Cindy. "It provides a quality of life to the patient and family when death is inevitable." On April 13, 2004, Brad passed away.

"At Memorial's hospice, the patient is No. 1 first and foremost," Cindy says. "But in caring for the patient, they care for the family too." Today, Cindy helps others through her involvement in an ALS support group. And her message to those considering hospice for a loved one living with a terminal diagnosis: "Hospice focuses on creating a comfortable, quality life for the patient, and for those who one day will be left behind," Cindy says.

As more people come to understand the value of hospice, the need for services in Yakima County continues to grow. Donations made to The Memorial Foundation help fund those services and the development of a hospice house to serve Yakima Valley families.

Cherished GIFTS

December 26 is the biggest single day for merchandise returns each year. While the desire to "give" abounds, so many of our friends and family already have their needs and most wants met, making them difficult to buy for.

A brilliant alternative to the commercialization of the holiday season is to support families in need with a gift to The Memorial Foundation, in lieu of traditional wrapped gifts. These gifts benefit programs that help the tiniest and most challenged members of our community. By designating a gift in honor or memory of someone special, everyone benefits — the giver, the recipient and our community.



Every gift sustains the quality of life and health care for our valley. For specific information on the tax benefits of donating cash, stocks or securities contact your tax advisor or visit us online at www.memfound.org.

Donor spotlight

“I Can HELP Someone NOW”

-Naida Hurlburt, donor

When 92-year-old Naida Hurlburt, who moved from the Lower Valley to Yakima in 1999 following the passing of her husband, heard that she could designate money from her IRA to help Children's Village, she called her broker.

Naida has a family member with Rett syndrome, a neurodevelopmental disorder on the autism spectrum, and says she wanted to help a local facility dedicated to helping children with disabilities. She says the child in her family, who lives

outside the area, has received a great deal of help from her community; Naida knows how important these gifts can be. “There are kids with major challenges and they need our help,” Naida says.

“I saw that I could give this money without creating a hardship for myself, and I wanted it to go somewhere that it would do some good,”

Naida became familiar with Children's Village when her daughter, now a counselor in Selah, worked there as a child psychologist.

“I didn't reason it out. I saw that I could give



Naida's gift will help children receive physical therapy services.

this money without creating a hardship for myself, and I wanted it to go somewhere that it would do some good,” she says. Naida wanted the money to be available to Children's Village right away. “I can do this and help somebody now,” she says. And while Naida appreciated the tax benefits the IRA donation offered, mostly she was happy to make a difference in the life of a child.

Leave a *Legacy* of Health

Providing high quality healthcare for future generations starts today. Your legacy gift will help ensure quality services will be here for generations to come.

Some of the ways you can leave a legacy of health include:

- A bequest in your will.
- A simple provision in your will to leave some or all of your assets to The Memorial Foundation can help make a difference.

Gifts from Your IRA or Other Retirement Plan. The IRA rollover provision permits individuals age 70 ½ and above to make charitable donations of up to \$100,000 from Individual Retirement Accounts and Roth IRAs without having to count the distributions as taxable income. This provision expires 12-31-07.

Charitable Gift Annuity. Receive a life-long income for one or two persons, a tax deduction and partially tax-free income. A charitable gift annuity is an ideal “win-win” way to support The Memorial Foundation.

Life Insurance. A life insurance policy can provide an important gift for the future. Giving the policy to The Memorial Foundation and continuing to pay the premium can provide a tax deduction.

Charitable Remainder Trust. You can use this estate-planning vehicle to increase your retirement income and eventually make a gift to The Memorial Foundation.

Charitable Lead Trust. By temporarily “loaning” some income-producing assets to The Memorial Foundation for a period of time, you can have an impact by supporting local healthcare programs and also save money on taxes.

Call (509) 576-5794 to learn more about these legacy giving opportunities, or visit www.memfound.org.



WE BELIEVE:

**Children with disabilities
are, first of all, children.**

Give today. 576-5794

Built 10 years ago with community donations, Children's Village has served over 16,000 children. Each year that number steadily increases. Yakima County serves a higher percentage of children with special healthcare needs than any other county in the state. We need your support. Become a Villager by making an annual commitment to helping children.

yakimachildrens-village.org

Children's Village 10th Anniversary

Children's Village

Celebrating 10 Years with Gratitude

This fall brought the stars out as Children's Village celebrated our 10th Anniversary—and we couldn't have done it without you. More than 3,500 stars – each representing a child who received services through Children's Village this past year – decorated the halls, activity rooms and stairwells of the Village. The wave of stars and outpouring of visitors was a powerful display of the many lives that are touched in a meaningful way by your significant contributions.

We truly are grateful for our community's extraordinary financial support of Children's Village through gifts made to The Memorial Foundation. Children's Village literally would not be here without the generous donations of our community. Each gift helps to provide services and support to families in ways that produce long lasting positive outcomes.

At Children's Village we believe that children with special needs deserve support to learn, grow and achieve their potential. It's clear the community of Yakima agrees. Thank you for your continued contributions to The Memorial Foundation through the sharing of your time, talents and financial support. You are making a meaningful and lasting difference in our community's families everyday.

With sincere gratitude,

Diane Patterson

Diane Patterson
Director of Children's Village

Annual Gifts Sustain Programs

As the number of children in the Yakima Valley requiring services and support through the Village continues to increase, we rely on the generosity of a community committed to serving. "The outpouring of donations to Children's Village this year has enabled us to nearly meet our annual goal of raising \$500,000 for core services and therapies," says Patterson. "Our generous supporters understand the responsibility that goes into pledging to support a 'philosophy of care' that successfully coordinates multiple healthcare and support services. You have responded with such generosity, and we thank you sincerely for partnering with us to reach this annual bold goal together," Patterson says.

Thank you to the following for their support. These events are critical to the funding of children's healthcare programs at Memorial Hospital and Children's Village.

Shields Bag & Printing CMN Golf Classic—Sept. 10

Ace Hardware
Advanced Life Systems
All Phase Electric
Apple Valley Family Medicine
Apple Valley Mortgage, Inc
Burger Ranch
Coca-Cola Bottling of Yakima
Connaughton Law Office
Conover Insurance
Expeditors International of Washington
Hahn Mercedes Benz
Hall Chevrolet-Buick Prosser
Jack-son's Sport Bar
Kline Construction and Associates
Les Schwab Tire
M.G. Wagner Company
Magic Metals
PAPE Material Handling
Rainer Ice
Re/Max First Advantage
Red Robin
ReMax 37 House
Remedy Staffing
Shields Bag and Printing
SUPR. CO (Formerly Superior Asphalt)
Washington State Patrol Troopers Association

SAFE KIDS Yakima County Spaghetti Feed—Oct. 6

American Lung Association
Amerigas
Coca-Cola Bottling of Yakima
Dairy Queen- W. Nob Hill Blvd.
Dave Ettl
Francesco Rinaldi
Fruit City
Major's Burgers
Mr. & Mrs. Giggles
Old Country Buffet
Pactiv Corporation

Party Palace
Red Robin
Retired Firefighter Assoc. of Yakima
Safe Kids Yakima County
U.S. Bureau of Reclamation
Wray's Inc.
Yakima Bears
Yakima County Search and Rescue
Yakima Fire Department
Yakima Grocery Outlet
Yakima Police Department

Children's Village 10th Anniversary Celebrations—Sept. 27 & Oct. 13

Clowning Connection
Coca-Cola Bottling of Yakima
Follies Performers and Band
Lasersmith Light Show Systems, LLC
Melody Lane
YouthWorks

CMN Radiothon—Oct. 12-13

Abeyta Nelson
Accent Tours
All Phase Electric
Animal Medical Service
Banner Bank
Bruchi's Cheesesteak & Subs
Bud Cleary Toyota
Budget Office Furniture
Burrows Tractor
Cascade Licensing
Cascade Women's Health Center
Central Valley Bank
Clear Channel Communications: KIT-1280AM and KFFM 107
Clear Channel Sales Staff
Columbia Steppe Coffee
Davis High School
East Valley High School

"You have responded with such generosity, and we thank you sincerely for partnering with us to reach this annual bold goal together"

Eisenhower High School
Express Personnel Foresters
Foursquare Church
Granger High School
Harris Office Equipment
Highland High School
Jackson Hewitt Tax Service
LaSalle High School
Les Schwab Tires
Magic Metals
McMahan's Nursery
Mei-Wing
Naches High School
Orange Julius
Pizza Hut
Powerhouse Grill
Provident Horizon Group
Red Robin
Retrospects Eye Center
Sabaro's Pizza
Southwest Rotary
Standard Paint and Abbey Carpet
Toppenish High School
Valley Mall Merchants
Wapato High School
West Valley High School
White Swan High School
Wray's Inc.
Yakima Bears
Yakima Federal Savings and Loan
Yakima Grocery Outlet
Yakima Speedway
Zillah High School

Spanish Radiothon—June 12-13

Bustos Media
KE-BUENA 93.9
Great Floors
Children's Village Volunteers
Eisenhower High School

Your Dollars at Work

In 2007, The Memorial Foundation provided \$1.3 million in financial support to children's health programs, cancer care programs, hospice, and educational outreach programs for the Yakima Valley, including the following:



Children's Health

- Children's Village
- Specialty Clinics
- Family Resources
- Pediatric Therapy
- Mental Health Services
- After Baby Comes (ABC) Clinic
- Neonatal Intensive Care Unit (NICU)

- Nutritional Supplements
- Oncology Exercise Therapy Program
- Integrative Care Program
- Bruce McDonnell Patient Emergency Fund



A Healthy Community

- Cardiac Care
- Diabetes Education
- Childbirth Education Outreach
- Vida Sana Support Group
- Passport to Health®
- Women's Health Program
- Mammography Scholarships
- "Healthy Bodies" Initiative
- Better Breathers Clinic



Hospice

- Hospice Services
- Home Care
- Family Bereavement Support



Cancer Care North Star Lodge

- Prescription Fund
- Social Services



FIVE WISHES® Grant You Peace of Mind

There are many things in life that are out of our hands. Five Wishes gives you a way to control something very important—how you are treated if you get seriously ill. It's an easy-to-complete form that replaces a living will or advanced directive. All you have to do is check a box, circle a direction, or write a few sentences. Best of all, it lets you say exactly what you want. Once filled out and properly signed, it's valid in the State of Washington. Visit www.yakimamemorial.org/patients_fivewishes.html for a complimentary copy today, courtesy of The Memorial Foundation.



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